

**Camp Ramah in Canada**  
The Max and Beatrice Wolfe Campus  
Utterson, Ontario

**NO TRUNKS ALLOWED**

**PERSONAL CLOTHING**

- Tallit & T'fillin for Bar Mitzvah boys (please label)
- 4 kippot
- 6 long sleeve t-shirts
- 8 short sleeve t-shirts
- 6 pair shorts
- 6 long pants (jeans or sweatpants)
- 4 light sweaters/sweatshirts
- 12 pairs underwear
- 15 pairs socks
- 3 pairs of pajamas
- 4 bathing suits (**Girls- one piece or tankini only**)
- 2 sun hats
- 1 heavy jacket
- 1 raincoat with hat or hood
- 1 bathrobe
- 1 pair rain boots/duckies
- 1 pair slippers
- 1 pair shower/beach shoes
- 2 pairs of shoes (running or sneakers/hiking)
- Appropriate Shabbat clothing (see Parent Information Guide)

**BEDDING**

- 2-3 blankets
- 1 sleeping bag and ground sheet
- 4 sheets (single) -flat are best
- 2-3 pillow cases
- 1 pillow

**TOILET ARTICLES**

- 7-8 towels (beach/shower)
- 2 face cloths
- 2 laundry bags
- 1 brush & comb
- 2 bars of soap (soap container)
- toothbrush, toothpaste
- shampoo, kleenex, deodorant
- sunscreen lotion (minimum SPF 15)
- insect repellent
- 1 toilet bag or pail

**OTHER ITEMS**

- Letter Writing Material (paper, pens, pencils)
- Canadian stamps, envelopes (self-addressed are helpful)
- Musical instruments
- Inexpensive camera and film
- Books, Hebrew texts
- Athletic equipment (balls, baseball gloves, roller blades,
- Flashlight and batteries
- Cards, portable games, chess
- Canteen
- EXTRA NAME TAPES (needles, thread, hangers)

**NOTE:** Please do NOT send expensive jewelry, watches, cameras, or heirloom Tallit or T'fillin. Unnecessary electrical equipment, such as hair dryers and tape recorders which overload the camp's electrical system should also be left at home.